



ASGAARDPACKAGING

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## ASGAARD LAUNCH REVOLUTIONARY OVENABLE AND MICROWAVEABLE FISH BAG

Asgaard Packaging is proud to launch the innovative microwaveable and ovenable FISH BAG. The unique property of this bag allows you to cook in either way to give a perfectly finished product. All types of fish and prawns can be cooked in this bag which allows it to cook in its own juices to enhance the flavour and texture. Once the fish has been sealed in the next time you have to touch the product is when it is on your plate. The bag is fully sealed so there are no lingering smells or mess when you cook and even when microwaving you do not need to pierce the product.

The bag comes with full cooking instructions on the outside so all you have to do is follow them for a perfect fish meal.

**Microwave or Oven Cook**  
**Delicious fish made easy**

This fish will cook in its own juices enhancing the flavour and texture

Instructions based on 200g	Oven 180°c/ Gas Mark 4	Microwave 800 watt
Smoked Fish (Haddock, Coley)	15—20mins	2—4mins
Oily Fish (Salmon, Mackerel)	15—20mins	2—4mins
White Fish (Cod, Haddock)	15—20mins	2—4mins
Flat Fish (Plaice)	10—15mins	2—3mins
Prawns	10—12mins	2—3mins

  
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Why not add ingredients, sauces or vegetables before you cook so that you can keep all your flavours in to make a perfect meal. The bags are the perfect way to cook healthy tasty food in the fishes own oils.

Why not contact us as soon as possible and be ahead of the shoal. Get your fish in this unique bag and get added value for the products you sell.



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